














## Community Resources






### Insurance Navigation




1. NC Senior's Health Information Insurance Program (SHIIP) Medicare– Mitchell County  
Contact: Amber Dillinger  
 (828) 688-2104, Option 1
2. NC Senior's Health Information Insurance Program (SHIIP) Medicare – Yancey County  
Contact: Vivian Hollifield  
 (828) 682-6186
3. Pisgah Legal Services (ACA, Medicaid)  
 302 W US Hwy 19E, Burnsville, NC 28714  
 (828) 253-0406

## Medical Care









1. High Country Community Health (Avery County)  
 448 Cranberry St, Newland, NC 28657  
 (828) 737-0221
2. Mountain Community Health Partners (Mitchell & Yancey Counties)  
 (828) 688-2104
3. Toe River Health District – Avery County Campus  
 545 Schultz Circle, Newland, NC 28657  
 (828) 733-6031
4. Toe River Health District – Mitchell County Campus  
 130 Forest Service Dr, Suite D, Bakersville, NC 28705  
 (828) 688-2371
5. Yancey County Health Department  
 202 Medical Campus Dr, Burnsville, NC 28714  
 (828) 682-6118

## Dental Care


1. Mountain Community Health Partnership – Bakersville Dental Center  
 86 N Mitchell Ave, Bakersville, NC 28705  
 (828) 688-2104
2. High Country Community Health – Avery County Dental  
 504 Pineola St, Newland, NC 28657  
 (828) 742-1018  
 Monday–Thursday: 8:30 AM – 5:00 PM

3. McDowell County Health Department – Dental Clinic
  -  408 Spaulding Rd, Marion, NC 28752
  -  (828) 652-6811
  -  Monday–Friday: 8:00 AM – 5:00 PM





## Food and Nutrition Supports

1. Feeding Avery Families
  -  189 Old Vale Road, Newland NC 28657
  -  828-783-8606
2. Reconciliation House
  -  20 Academy Street Burnsville, NC 28714
  -  (828) 682-7251
3. Shepherd’s Staff
  -  10992 NC 226 Spruce Pine, NC 28777
  -  (828) 385-6153
4. Tractor Food & Farms
  -  10992 NC 226, Spruce Pine, NC 28777
  -  (828) 536-0126

## Medications

1. NC MedAssist
  -  (704) 943-9639
  - Application assistance available by phone in English and Spanish

## Vision Care

1. Aldridge Eye Institute
  -  419 E Main St, Burnsville, NC 28714
  -  (828) 682-2104
2. Appalachian Eye Associates
  -  54 Hill St, Spruce Pine, NC 28777
  -  (828) 765-2020